

CAN'T IT WAIT?

IS IT REALLY WORTH

A LIFE?



DISTRACTED DRIVING

Taking your eyes off the road for two seconds at 60 mph means you have traveled **BLINDLY** for half the length of a football field.

SOURCE: CA DMV WEBSITE

While driving do you:

(Check all that apply)

- ☐ think you can safely look away for more than one second?
- ☐ eat, drink, shave, or engage in other personal activities?
- ☐ text or talk on your cell phone?
- ☐ answer your cell phone without stopping in a safe place?
- ☐ adjust your seat, mirrors, climate controls, GPS, radio or CD player?
- ☐ listen to anything that requires ear buds in your ears?
- ☐ feel fatigued or drowsy?
- ☐ try to deal with children or pets without stopping?

If you checked even one box, you are at risk. Nearly 80% of all crashes and 65% of all near-crashes involved driver inattention during the last 2-3 seconds before the incident.

* from a 2005 study sponsored by NHTSA, VDOT, VTRC and VT

Don't Die Needlessly

